



National Nutrient Database for Standard Reference  
Release 28 slightly revised May, 2016

Statistics Report 03197, Babyfood, cereal, with egg yolks, strained

Report Date: June 24, 2017 23:52 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<strong>Proximates</strong>													
Water	g	88.80	--	0.100	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Energy	kcal	51	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
Energy	kJ	213	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2014
Protein	g	1.90	--	0.000	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Total lipid (fat)	g	1.80	--	0.000	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Ash	g	0.50	--	0.000	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Carbohydrate, by difference	g	7.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
Fiber, total dietary	g	0.9	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
<strong>Minerals</strong>													
Calcium, Ca	mg	24	--	0.000	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Iron, Fe	mg	0.47	--	0.050	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Magnesium, Mg	mg	3	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978

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Phosphorus, P	mg	40	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Potassium, K	mg	39	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Sodium, Na	mg	33	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Zinc, Zn	mg	0.29	--	0.014	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Copper, Cu	mg	0.022	--	0.003	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
<b>Vitamins</b>													
Vitamin C, total ascorbic acid	mg	0.7	--	0.200	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Thiamin	mg	0.009	--	0.000	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Riboflavin	mg	0.044	--	0.000	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Niacin	mg	0.049	--	0.000	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Pantothenic acid	mg	0.878	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
Vitamin B-6	mg	0.021	--	0.000	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Folate, total	μg	3	--	0.400	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Folic acid	μg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2001

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Folate, food	µg	3	--	0.400	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Folate, DFE	µg	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2001
Vitamin B-12	µg	0.07	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Vitamin A, RAE	µg	40	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2002
Retinol	µg	39	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2002
Vitamin A, IU	IU	141	--	19.000	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
<b>Lipids</b>													
Fatty acids, total saturated	g	0.610	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
4:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
6:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
8:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
10:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
12:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
14:0	g	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
16:0	g	0.440	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:0	g	0.150	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Fatty acids, total monounsaturated	g	0.790	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
16:1 undifferentiated	g	0.050	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
18:1 undifferentiated	g	0.730	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
20:1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
Fatty acids, total polyunsaturated	g	0.300	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
18:2 undifferentiated	g	0.260	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
18:3 undifferentiated	g	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
18:4	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
20:4 undifferentiated	g	0.030	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
Cholesterol	mg	63	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
<b>Amino Acids</b>													
Tryptophan	g	0.027	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Threonine	g	0.082	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Isoleucine	g	0.100	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Leucine	g	0.172	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Lysine	g	0.127	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Methionine	g	0.051	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Cystine	g	0.028	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Phenylalanine	g	0.092	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Tyrosine	g	0.084	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Valine	g	0.122	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Arginine	g	0.104	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978

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Histidine	g	0.045	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Alanine	g	0.084	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Aspartic acid	g	0.149	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Glutamic acid	g	0.421	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Glycine	g	0.056	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Proline	g	0.161	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Serine	g	0.118	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
<b>Other</b>													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	04/1985